Therapeutic Use Exemptions
The TUE Process

1. Request a TUE form from your relevant anti-doping organization (ADO) or through ADAMS.*

2. Your physician fills out the TUE form and you send it back to your ADO.

3. Once a TUE is requested, a panel of experts selected by the ADO reviews your request and will grant a TUE if:
   - Your health will be significantly impaired if you do not take the substance.
   - The substance does not enhance your performance beyond what brings you back to normal health.
   - There are no alternative treatments available.

4. The ADO advises if you can take the requested medication or not. In the case of a denied request, you will be informed of the reasons. You have the right to appeal the decision.

Who do I contact / where do I return my form?

National-level athletes:
National Anti-Doping Organization (NADO)

International-level athletes:
International Federation (IF)
TUE tips
during doping control

Declare the approved medication on your Doping Control Form.

Specify that a TUE has been granted.

Show a copy of the TUE approval to the doping control officer.

The procedures for applying for and granting a TUE are outlined in the International Standard for TUEs published by WADA. You may also contact your IF or NADO for more information. Note: WADA does not grant TUEs.

In the case of any discrepancy between this information and the World Anti-Doping Code, the Code prevails. This information is subject to change at anytime. Always check with your International Federation, National Anti-Doping Organization or National Federation for the most up-to-date anti-doping regulations.

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WADA

Headquarters
800 Place Victoria, Suite 1700, P.O. Box 120, Montreal, QC, H4Z 1B7, Canada • Tel.: +1.514.904.9232 • Fax: +1.514.904.8650

Africa
Protea Assurance Building, 8th Floor, Greenmarket Square, Cape Town, 8001, South Africa • Tel.: +27.21.483.9790 • Fax: +27.21.483.9791

Asia/Oceania
C/O Japan Institute of Sports Sciences, 3-15-1 Nishigaoka, Kita-Ku, Tokyo, 115-0056, Japan • Tel.: +81.3.5963.4321 • Fax: +81.3.5963.4320

Europe
Maison du Sport International, Avenue de Rhodanie 54, 1007 Lausanne, Switzerland • Tel.: +41.21.343.43.40 • Fax: +41.21.343.43.41

Latin America
World Trade Center Montevideo, Tower II, Unit 712, Calle Luis A De Herrera 1248, Montevideo, Uruguay • Tel.: +598.2.623.5206 • Fax: +598.2.623.5207